

ARE YOU ONE OF THE 3.8M LGBT PEOPLE LIVING IN RURAL COMMUNITIES?

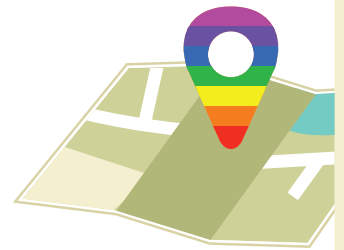


An estimated 2.9 to 3.8 million lesbian, gay, bisexual, and transgender (LGBT) people live in rural communities like ours across the United States. LGBT people are our neighbors, and they are small business owners, teachers and ministers, farmers and construction workers, and much more. LGBT people often choose to live in rural communities for many of the same reasons that other people do: for the strength of community and connection to family, for the pace of life and closeness to nature, or simply to be part of the place where they were raised and call home.



RESOURCES IN OUR COMMUNITY

(write in local LGBT-supportive resources here in our home!)



ONLINE

TrevorChat for young people: www.thetrevorproject.org/get-help-now

CenterLink's list of LGBT community centers in your state: <https://www.lgbtcenters.org/LGBTCenters>

Lambda Legal help desk for legal assistance: <https://www.lambdalegal.org/helpdesk>

Learn more about the laws and policies in your state: <http://www.lgbtmap.org/equality-maps>

BY PHONE

TrevorLifeLine for young people by phone: 1-866-488-7386

TrevorText for young people by text: Text "START" to 678678

Trans Lifeline for transgender, non-binary, and gender-questioning people: 877-565-8860

LGBT National Senior Hotline for LGBT older adults: 888-234-7243



SCAN FOR MORE
INFORMATION

